

# CHAPTER

# 4

**Play Dates: Well, who doesn't need a little fun and romance?**

It's simple: embrace an adventurous attitude even if you're just sticking to your own zip code.

# Café Crawl

Weekends are men's sanctuary: walled, guarded and sacred! It's their personal state of zen, two days to tackle their personal Everest, disappear into the garage for hours, zone out in front of the game anything to shake off the work-week. Come Father's Day or any weekend day how do you spend time and celebrate your dad or husband without intruding on his only time to unwind?

**Start a new tradition for the No. 1 man in your life.  
Ask him what he really wants to do  
— but carry out the mission with your own creative spin.**

## THINGS YOU'LL NEED:

Things you'll need:  
Breakfast out of bed  
Knowledge of favorite breakfast dishes  
Favorite activities  
The morning newspaper  
Coffee  
Photos, archival box or scrapbook



# 1

**Most men aren't big breakfast-in-bed types.** They like the idea, but the practical application, not so much. Greet him in the kitchen with a fresh pot of coffee (kids, ask for help with this) and a list of things you can do together. Get his attention by folding the list into a paper airplane and leaving it by his coffee cup.

**Top of the list, breakfast:** here's a sample conversation starter. Hey, let's make it a tradition to find all the places in town that serve killer Huevos Rancheros (or Chicken and Waffles, or Coffee and Doughnuts).

**Bring a newspaper,** if not several. Sitting in silence, together, reading, is not ignoring each other; it's being together in a quiet, unobtrusive kind of way. It's actually really nice!

# 2

**Next up, a few activity choices:**

**Car wash** Up for a little water therapy? Let's expose your dusty, neglected hot rod to the miracle of the carwash.

**Golfer?** How about managing your anger by whacking a bucket of golf balls?

# 3

Every tradition needs some chronicling, so take pictures, save the paper airplane lists and save the menus from your huevos expeditions, then start filling an archive box or scrapbook with mementos of your weekend excursions.

