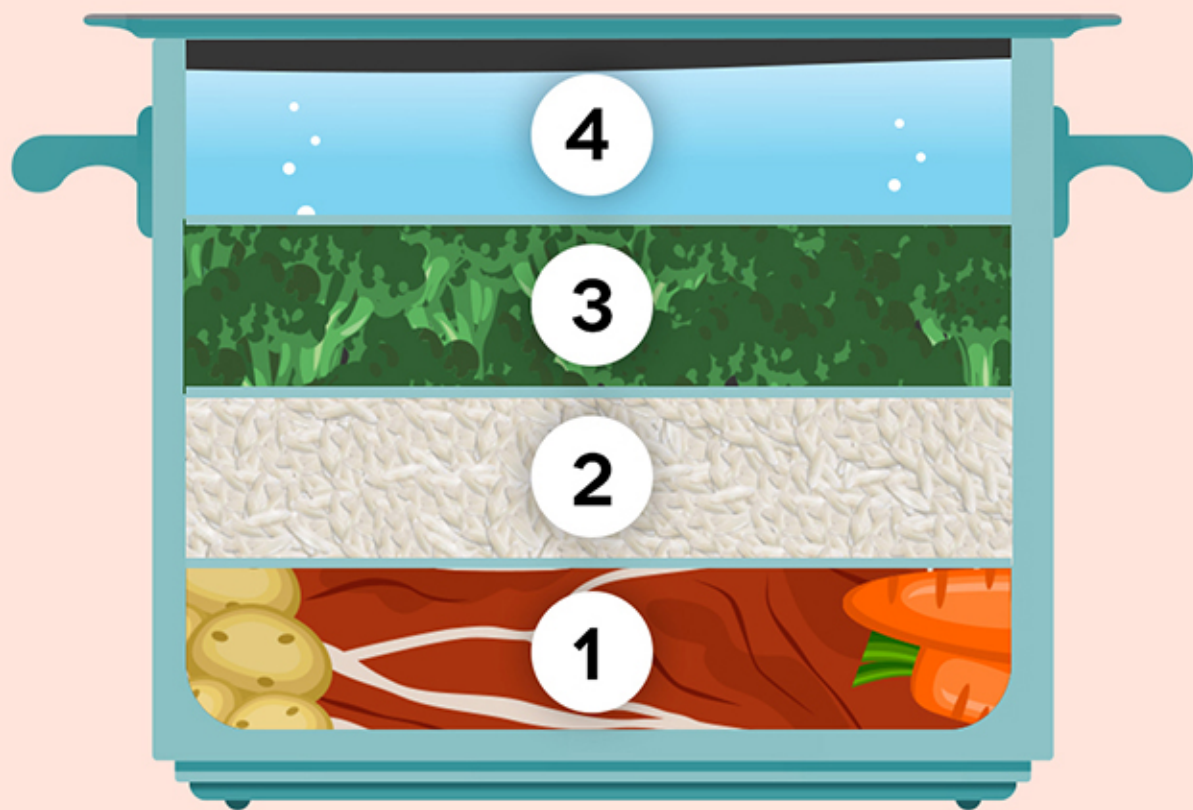


# ORDER OF INGREDIENTS IN YOUR SLOW-COOKER



- 1. Harder root vegetables and meats**  
(e.g., potatoes, carrots, parsnips)
- 2. Grains**
- 3. More delicate vegetables**  
(e.g., broccoli, asparagus)
- 4. Liquid**  
(pour it over and around the ingredients)