

## O Girl, O Beautiful. The Revolution.

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hereby make the "O Girl, O Beautiful" promise. I am smart. I am beautiful. I am unique. I love who I am, and I pledge each day to write down at least one thing about myself that makes me special. I believe and affirm that I will always appreciate myself for the many things, inside and out, that make me beautiful.	<u> </u>
Day of 20	

OPRAH.COM

**Promise to Myself** 

Signature