

OPRAH'S DEBT DIET

How Much Debt Do You Really Have?

To get yourself on the road to repayment, your Debt Diet experts Jean Chatzky, David Bach and Glinda Bridgforth all agree that it is crucial for you to see how much debt you *really* have. Once you know your total debt—how much debt you're carrying and at what interest rates—you can start paying it down!

Pull out all your bills and use this chart to track your debt.

	Lender	Amount Owed	Min. Mthly Paymt	Rate
Mortgage				
Home equity loan				
Home equity line of credit				
Car loan				
Furniture/appliance payment				
Other				
Other				
Other				
Other				

	Lender	Amount Owed	Min. Mthly Paymt	Rate
Sample Card	Name of Bank	3,000	\$120	19%
Credit Card 1				
Credit Card 2				
Credit Card 3				
Credit Card 4				
Credit Card 5				
Credit Card 6				
Credit Card 7				
Credit Card 8				
Personal loan				
Student Loan				
Student Loan				
Other				
Other				
Other				
Other				
Total				