

Suze Orman's All Star Action Plan

Join our back to cash movement

- For the next month pay only cash
- Line up your bills in correct order
- Only spend paper money don't spend change

Dr. Phil's All Star Action Plan

Don't let the sun set another day without reaching out to the people you love and care about, telling them whatever you need to say or doing whatever you need to do

Dr. Oz's All Star Action Plan

Deny yourself an indulgence and write down how it makes you feel

All Stars Ultimate Checklist for Better Sex

- Take the TV out of the bedroom
- Sleep naked
- Cuddle first so no pressure to have sex
- Start with verbal foreplay hours before going to bed
- Push yourself, even if not in the mood

Notes: _____
