

The Shadow Effect Breakthrough Program



Your Work & Career

What did you see as you looked at your work and career as it is right now?

Where did your eye go? What were your judgments? What do you want to change? How long have you been thinking about making these changes?

What is the relationship you have with your work and career? _____

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What are your shadow behaviors around your work and career? _____

What are your shadow beliefs about your work and career? _____

What has been the effect of your shadow on your work and career? _____

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What breakthrough actions can you take this week in your relationship
with your work and career? _____

What is your statement of love for your work and career? _____

How many times do you need to hear your statement of love this week?
