

The Shadow Effect Breakthrough Program



Your Future

Who is the person you admire? _____

What is the quality you see in them that you most admire? _____

What will open up in your life if you embrace and integrate this quality?

What will you have more of? What will you be able to experience? Who will you be with? What will you be doing? What future will open up to you?

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What actions can you take this week that will allow you to develop and express this quality in yourself? _____

What is wanting to open up in your life? If you fully stand powerfully in your future having done all the work you've done over the last five weeks, what is wanting to come to you and through you? _____
